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Review of Musings

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Review of Musings

by **Jessica Westergren Saade**

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Posted: **30 Dec 2025, 07:17**

[Following is a volunteer review of "Musings" by Lawrence Lambelet.]

"Musings: Vietnam, Conjectures and More" by Lawrence Lambelet is a short book exploring unsolved problems written from a technical perspective.

In this book, the reader will be immersed in several subjects that range from mathematical challenges to free will. The first subject discussed is why dieting is a bad idea. Another question raised is whether the Vietnam War was a mistake and the writer makes connections to the current war in Ukraine. The writer also discusses the defence of free will and how the relationship between body and soul forms the basis of dualism. The writer goes on to say that dualism has been under attack by science. The way these subjects are introduced invites the reader to question assumptions. It also encourages deeper immersion in the ideas being presented.



5 out of 5 stars
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The book is well edited, and I could find no noticeable errors. The sentence structure is clear and consistent throughout, and the language reads smoothly. The chapters are short and concise and explore each subject in depth.

This book is suitable for readers who have an interest in intellectual exploration and open-ended questions in fields like mathematics, physics, neuroscience, philosophy, and problem-solving. Readers who enjoy considering unresolved problems rather than seeking definite answers will appreciate this book.

As most of these topics are difficult to understand, I found it helpful that the writer included tables which made it easier for the reader to follow the concepts discussed. I also found it interesting to learn some unexpected facts. An example was that only four colours are needed to differentiate territories on any map.

I finished the book feeling that it succeeds in delivering a well-crafted narrative that encourages reflection and rewards careful, thoughtful reading. The writing is clear, controlled, and well-structured. I found no areas that required improvement in the content of the book.

I would rate this book five out of five stars.

Musings

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